

# RESOURCE DIRECTORY



## MARION COUNTY SENIOR ALLIANCE

## Our Sponsors

### Platinum



*In Memory of our Little Momma*  
Cindy, Mary, Richard and Mark

### Silver



### Bronze



*Marion County*  
*Senior Services, Inc.*



**Without your generous support,  
this directory would not have been possible.  
We thank you!**

## Introduction

The Marion County Senior Alliance is pleased to present this Directory of Senior Resources. These directories are being distributed throughout Marion County as an easy reference for questions and issues that may arise in your life situation.

For the most part, the resources listed are not-for-profit, charity or government organizations. Many, though not all, have an eligibility process that includes lower income requirements. Be sure to ask for eligibility requirements, possible fees, and needed documentation when calling for assistance.

While for-profit companies are not specified, many private organizations provide excellent services to seniors including:

- home care,
- assisted living facilities,
- nursing homes,
- financial advisors, and
- transport companies

For those readers purchasing their own care or service, members of the Senior Alliance are listed at the end of this publication and include some outstanding examples of these types of businesses. Membership in the Senior Alliance is voluntary and indicates commitment to seniors and senior issues in Marion County...we are here to serve.

## General Information and Referral

Local community information Dial 211

Regional information and access to State programs  
Elder Options (Mid-Florida Area Agency on Aging)  
1-800-963-5337

Local service programs info and access  
Marion County Senior Services 352-620-3501

Elder Helpline 1-800-963-5337  
TDD 1-800-955-8771

## Life-Long Learning (educational, career, volunteerism)

College of Central Florida Main Number 352-854-2322

- Retired Senior Volunteer Program (RSVP) 352-291-4444
- Pathways Life Services—coaching in retirement transitions to work, learning or volunteerism 352-291-4444
- Senior Institute—annual fee provides access to multiple college level courses 352-291-4444

Health and Wellness programs—seminars, fitness, recreation activities, small annual fee:

- Munroe Regional Medical Center “Prestige 55”  
352-671-2114  
to volunteer call Brenda Williams 352-671-2153
- Ocala Regional Medical Center and West Marion Hospital—u2h (You to Health) 352-401-1000
- West Marion Hospital—Ann Shannon 352-291-3000

Ocala 8th Ave Senior Center 352-629-8545

Ocala NW 12th Ave Senior Activity Center 352-629-8357

Workforce Connection—job placement

- Main office 352-840-5700
- Paddock Park office 352-291-9555

See [www.volunteermatch.com](http://www.volunteermatch.com) for a listing of opportunities

Senior Games: [www.flasports.com](http://www.flasports.com) Website provides yearly dates, venues, contact information across Florida.

Local hospitals, schools and social service agencies use significant numbers of volunteers in various roles.

### Support Groups

Alzheimer's Association	1-800-272-3900
Alzheimer's & Dementia Alliance	352-671-9600
Marion County Senior Services	352-620-3501
Parkinson's "Movers and Shakers" support group Karen Martin	352-401-1453
Transitions (pre-hospice program) Dale Davis, Manager	352-854-5200
Widowers—Queen of Peace Bereavement Dorothy Jordan	352-237-0896
Friends in Grief Hospice of Marion County	352-873-7456
Blessed Trinity Bereavement or call Peggy	352-629-8092 352-694-2978
Ostomy—Ocala Chapter	352-351-4009

National Alliance on Mental Illness (NAMI) 352-368-2405

Stroke Club (MRMC) 352-351-7293

## **Social Security**

Local office 352-629-1850

General office 1-800-772-1213

TDD 1-800-325-0778

## **Medicare and Medicaid Questions**

Medicare Local Office: SSA 352-629-1850

Medicaid Local Office 352-629-0055

CARES

Medicaid long-term care services eligibility 352-620-3457

SHINE (Serving the Health Insurance Needs of Elders)

Trained volunteers offer one-on-one counseling on

Medicare and other insurance options, appeals

Billing questions by appointment. 1-800-963-5337

See [www.medicarerights.org](http://www.medicarerights.org)—Information, newsletters, articles on Medicare topics and questions

- [www.medicareinteractive.org](http://www.medicareinteractive.org)  
Ask questions and get answers
- [DearMarci@medicarerights.org](mailto:DearMarci@medicarerights.org)  
Biweekly newsletter with questions answered and timely articles.

## **Long-Term Care**

Long term care is NOT generally provided by Medicare other than some medically required skilled therapies. Funding may

come from Medicaid, some limited State programs (e.g. Community Care for the Elderly), long-term care insurance, possible veteran's benefits, and/or private funds. Facilities accepting veteran's benefits can assist you in application

- Elder Options (Mid-Florida Area Agency on Aging) coordinates State and Federal programs in the Mid-Florida region and screens for eligibility or refers to a local provider. Wait lists for home care programs are maintained by this agency.  
1-800-963-5337
- Marion County Senior Services operates as the local provider for State and Federal programs including Medicaid for non-medical care such as homemaking, respite, personal care, meals.  
352-620-3501
- CARES (Comprehensive Assessment determines eligibility for nursing home, assisted living, and in-home services programs under Medicaid.  
352-620-3457

Many private Home Care agencies may provide some or all of non-medical services such as companionship, homemaking, personal care and respite. Home Health agencies may provide some or all of the above plus skilled therapies including nursing, occupational therapy, speech therapy, physical therapy and medication management. Senior Alliance members include businesses in both categories.

Some Assisted Living Facilities and Nursing Homes accept Medicaid for eligible persons. Assisted Living includes house-keeping, meals, some transportation, and activities. Expanded levels of care (and monthly cost) may include personal care, medication management and supervision. Nursing homes provide a full spectrum of services including needed medical care and monitoring.

## Adult Day Care

Blessed Trinity Elder Care Center 352-671-2823

Some Assisted Living Facilities and Nursing Homes offer day care or short term respite depending on capacity.

## Prescription Assistance

United Way prescription discount card 352-732-9696

InterFaith Emergency Services:  
short-term prescriptions and assistance with long-term application to pharmaceutical companies 352-629-8868

Brothers' Keeper 352-622-3846

Florida Discount Drug Card 1-866-341-8894  
TTY -866-763-9630

Marion County Community Services 352-671-8770

## Food

Meals on Wheels  
(provided by Senior Services) 352-620-3501

Congregate dining and activity sites (11 locations throughout the county operated by Senior Services): 352-620-3438

Food Stamps 1-866-762-2237

Food Pantries:

- InterFaith Emergency Services 352-629-8868
- Salvation Army 352-732-8326
- Brothers' Keeper 352-622-3846
- Soul Harvest 352-680-1240

- Annie Johnson Senior Service Center  
(Dunnellon area) 352-489-8021
- Community of Gratitude  
(Weirsdale & Oklawaha Areas) 352-288-3499
- Catholic Charities 352-873-9436
- First Baptist Church in Belleview 352-245-8003
- The Food Panty at Holy Faith  
(Dunnellon Area) 352-489-2685
- Help Agency of the Forest 352-625-1900
- North Marion Interfaith 352-591-4400
- Operation Compassion 352-690-6822
- St. Theresa Catholic Church 352-245-1359
- Shores Volunteer Skill Bank 352-687-1119

Various local churches also maintain food/clothing pantries.

### **Utilities Assistance**

- |   |                |
|---|----------------|
| Marion County Senior Services                           | 352- 620-3501  |
| Brothers' Keeper (Ocala Electric Customers)             | 352-622-3846   |
| Central Florida Community Action Agency                 | 352-732-3008   |
| Salvation Army  | 352-732-8326   |
| Annie Johnson Senior Service Center<br>(Dunnellon area) | 352-489-8021   |
| Link up Florida–telephone cost savings                  | 1-800-540-7039 |
| Safelink Wireless Cell Telephone                        | 1-800-977-3768 |

## Legal Assistance

Community Legal Services of Mid Florida, Inc.

- Legal Aid 352-629-0105
- Legal Helpline 352-629-6257

Florida Bar Lawyer Referral Service 1-800-342-8011

## Safety and Security

Emergency—fire, ambulance, police 911

State of Florida Help-Lines:

- Elder Abuse Hotline 1-800-962-2873  
TDD 1-800-453-5145
- Fraud Hotline 1-800-378-0445
- Statewide Senior Legal Helpline 1-888-895-7873
- Long-Term Care Ombudsman  
(nursing home/assisted living residents) 1-888-831-0404
- Consumer Services Division 1-800-435-7352
- Financial Services 1-800-342-2762
- Poison Information Hot Line 1-800-222-1222
- Guardian Information Line (FL State Chapter) 352-307-6900
- 911-Programmed cell phones (free)
  - Ocala Police Department 352-369-7070
  - Marion County Sheriff's Office 352-732-8181
  - Dunnellon Police Department 352-465-8510

Bellevue Police Department 352-245-7044

- Adult Protective Services  
Department Children/Families 1-800-962-2873

AARP 55 Drive Alive Classes  
(offered at various times and locations) 1-888-687-2277

## Wellness Checks

Ocala Police Department 352-369-7070  
Marion County Sheriff's Office 352-369-6745  
Bellevue Police Department 352-732-9111  
Dunnellon Police Department 352-465-8510

Marion County Emergency Management  
(during natural disasters) 352-732-8181

## Transportation

Marion Transit Service (Door-to-door; mostly for those unable  
to transport themselves to medical appointments)  
By reservation 352-620-3071

SunTran bus service (Ocala metro area) 352-401-6999  
Vets Helping Vets 352-401-9788

## Help with Finances

VITA—Volunteer Income Tax Return Prep Assistance  
(United Way) 352-732-9696

Financial Fitness—budgeting and money classes  
(United Way) 352-732-9696

Green Path Debt Solutions  
(formerly Consumer Credit Counseling) 352-867-1865

Hospice of Marion County (Transitions)	352-854-5200
AARP Tax Return Prep Assistance	888-687-2277
Marion County Board of County Commissioners (assistance with property taxes)	352-438-2650
IRS Office	352-401-0010

### **Veteran's Assistance**

Marion County Veterans Service Office Information and help with veterans' assistance programs	352-671-8422
VA Hospital, Gainesville	1-800-324-8387
Vets Helping Vets (transportation. etc)	352-401-9788
VA Marion County outpatient clinic	352-369-3320
VA Helpline	1-800-827-1000

### **Affordable/Subsidized Housing**

Senior-subsidized apartment complexes with sliding scale rent based on income

- Heritage Oaks Apts 352-854-1515
- Evangeline Booth Apts 352-671-2870
- Magnolia Walk Apts 352-291-4926
- Trinity Villas 352-694-5507

VFW Retirement Home, Ft. McCoy 352-236-0823

Ocala Housing Authority (for public housing)  
Apply in person at 1629 NW 4th St. 352-369-2636

Marion County Senior Services (maintains a list of affordable housing alternatives, not necessarily subsidized)  
352-620-3501

### **Substance Abuse**

The Centers 352-292-5555

Alcoholics Anonymous 24-hour Helpline 352-867-0660

### **Disabilities**

Florida Center for the Blind (local training and support)  
352-873-4700

Blind Services (State of Florida) 1-800-443-0908

Center for Independent Living 352-366-3788

Epilepsy Services 1-800-330-9746

Isaiah Foundation 352-804-6808

Housing Repairs and Wheelchair Ramps  
Marion County Community Services (CDBG Program)  
352-671-8770

Hearing Impaired-Florida Telecommunications Relay Inc.  
352-368-3788

#### Hearing Tests

- Munroe Regional Medical Center  
Speech & Hearing Center 352-732-4900
- Lions Club – Belleview only  
(for testing and hearing aids) 352-307-1190

Eyeglasses (accept Medicaid)

- Lange Eye Care
- Ritz & Johnson

352-237-3768

352-732-7900

# Marion County Senior Alliance Members

## Organizations

Ackerman, Cathy—Elder Law Attorney  
Advanced Vehicle Modifications  
Alzheimer's Association  
Asera Care Home Health  
Better At Home Healthcare  
Blessed Trinity Elder Care  
Camelot Chateau Assisted Living  
Comfort Keepers  
ConifCare Home Health Solutions  
Countryside House Calls  
Elder Pathways  
Gentiva Home Health  
Hampton Manor Assisted Living  
Heart of Florida FSGA  
Herb Silverman, New York Life Ins.  
Home Instead Senior Care  
Hospice of Marion County  
Integrity Home Health Care  
Interfaith Emergency Services  
Kindred Hospital  
Marion County Community Services  
Marion County Senior Services, Inc.  
Mid-Florida Area Agency on Aging  
MMC Financial Services  
Munroe Regional Medical Center  
Volunteer and Comm. Services  
Ocala Parks and Recreation  
Odyssey Healthcare  
Omni Home Health  
On Top of the World Communities  
OxyLife Respiratory Services

Public Guardianship Program  
Renstar Medical Research  
Senior Care Solutions On-Line  
Shores Baptist Adult Day Care  
The Centers  
The Windsor of Ocala  
United Way of Marion County  
Visiting Angels of Ocala

## Individuals

Joann Ankoviak, Ocala Regional  
Medical Center  
Erin Blakely, Senior Health Center  
Charles and Celine Bruce, Retired  
Shawna Chancey, Community  
Legal Services of Mid-FL  
Gail Cross, Retired  
Colleen Duris, Elder Law Attorney  
Jim Ganter, Ocala Fire Department  
Betty Green, CF Senior Institute  
Donna Guinn, Ocala Police Dept.  
Evelyn Kelly, St. Leo University  
Sheila Kronen, Senior Health Center  
Patty Lumpkin, Maj. Ret, MCSO  
Peveta Persaud, Marion County  
Fire Rescue  
Chris Rice, Communication Services  
Jemith Rosa, Marion County  
Senior Services  
Jill St. John, Nurse On Call  
Phyllis Silverman, Retired  
Volunteer Programs

**The Senior Alliance** is comprised of a diverse group of for-profit and non-profit persons and organizations and individuals, including home health home health companies, attorneys, guardians, long term care providers and hospital personnel.

## Our Mission

Committed to increasing the capacity of our community to care for our elders with networking, advocacy, education, and developing, increasing and pooling resources.

Visit our website at [www.senioralliance.org](http://www.senioralliance.org) for the most updated information and resources.



**It is our hope this Resource Directory provides you with a valuable at-your-fingers guide to the many services for Marion County seniors.**